

2003 MSHSL Section 7A

Teams: Hermantown 93, Esko 86, Crosby-Ironton 64½, International Falls 61½, Eveleth-Gilbert 44, Duluth Marshall 41, Ely 37, Greenway 33, Chisholm 30, Carlton-Wrenshall 28, Cromwell 28, Deer River 25, Barnum 23, Moose Lake-Willow River 19, Cherry 18, Floodwood 14, Nashwauk-Keewatin 13, Two Harbors 12, Aitkin 8, Mesabi East 7, Lakeview Christian Academy 5, Orr 4, Bigfork 3, AlBrook2, McGregor 1.

100 Meter Dash

- 1 Dan Jago, Hermantown 11.33
- 2 Jesse Stertz, Cherry 11.44
- 3 Dan Tempes, Esko 11.56
- 4 Nikki Holt, Hermantown 11.57
- 5 Jason Snoeyenbos, Dul Marshall 11.63
- 6 Evertt Hulsman, Orr 11.66

200 Meter Dash

- 1 Jesse Stertz, Cherry 23.48
- 2 Jordan Hedlund, Intl Falls 23.75
- 3 Mike Sumbs, Hermantown 23.76
- 4 Jason Snoeyenbos, Dul Marshall 24.10
- 5 Ryan Mattson, Chisholm 24.22
- 6 Nikki Holt, Hermantown 24.33
- 7 Jesse Shepard, Ely 24.39

400 Meter Dash

- 1 Scott Eisenach, Hermantown 52.06
- 2 Shawn Genereau, Barnum 52.81
- 3 Steve Walsh, Floodwood 53.61
- 4 Jason Griffiths-Johnson, Dul Marshall 53.85
- 5 Ryan Myklebust, Eveleth-Gilbert 53.99
- 6 D.J. Pearson, Greenway 54.50
- 7 Bill Monse, Aitkin 54.92

800 Meter Run

- 1 Kyle Schmidt, Hermantown 2:03.48
- 2 Collin Wagner, Eveleth-Gilbert 2:05.12
- 3 Evan Swartz, Mesabi East 2:05.24
- 4 Ben Deering, Moose Lake-WR 2:07.52
- 5 Ryan Shoepf, Barnum 2:09.03
- 6 Ian Helling, Deer River 2:10.14
- 7 Shaun Hall, Ely 2:11.58

1600 Meter Run

- 1 Frank Hedin, Dul Marshall 4:41.92
- 2 J.T. Hlava, Carlton-Wrenshall 4:43.65
- 3 Felix Funke, Greenway 4:50.26
- 4 Craig Johnson, Cromwell 4:52.96
- 5 Ryan Pender, Chisholm 4:53.87
- 6 Brian Stevens, Moose Lk-WR 4:55.11
- 7 Tim Stephenson, Carlton-W 4:58.13

3200 Meter Run

- 1 Adam Davis, Carlton-Wrenshall 10:22.09
- 2 Mike Richards, Eveleth-Gilbert 10:25.94
- 3 Jacob Richards, Eveleth-Gilbert 10:36.47
- 4 Ben Wagner, Eveleth-Gilbert 10:42.56
- 5 J.T. Hlava, Carlton-Wrenshall 10:43.12
- 6 Dan Conley, Carlton-Wrenshall 10:54.77
- 7 Jones-Powell, Bigfork 11:07.61

High Hurdles

- 1 Ryan Mattson, Chisholm 15.89
- 2 Parker Robinson, Crosby-Ironton 16.37
- 3 Trace Mowers, Cromwell 16.50
- 4 Andy Warmuth, Nashwauk-K 16.79
- 5 Derek Bromme, Dul Marshall 16.86
- 6 Dan Eling, Dul Marshall 16.93
- 7 Ed Guck, Ely 16.98

Intermediate Hurdles

- 1 Ryan Mattson, Chisholm 42.18
- 2 Luke Schraw, Esko 43.16
- 3 Ed Guck, Ely 43.18
- 4 Derek Bromme, Dul Marshall 44.69
- 5 Zac Preble, Greenway 45.57
- 6 Trent Mowers, Cromwell 46.12
- 7 John Hotaling, Ely 46.52

4x100 Relay

- 1 Hermantown (Dan Jago, Scott Eisenach, Nikki Holt, Mike Sumbs) 44.65
- 2 Esko, 44.74
- 3 Intl Falls 46.96
- 4 Ely 47.31
- 5 Cromwell 47.50
- 6 Nashwauk-K 47.94
- 7 Aitkin 47.96

4x200 Relay

- 1 Hermantown (Dan Jago, Mike Sumbs, Josh Luedtke, Scott Eisenach) 1:33.25
- 2 Esko 1:34.99
- 3 Ely 1:36.81
- 4 Intl Falls 1:38.49
- 5 Aitkin 1:38.88
- 6 Nashwauk-K 1:39.81
- 7 Moose Lk-WR 1:41.10

4x400 Relay

- 1 Hermantown (Phil Stepp, Kevin Buria, Josh Luedtke, Kyle Schmidt) 3:37.73
- 2 Ely 3:42.32
- 3 Greenway 3:45.41
- 4 Esko 3:45.89
- 5 Moose Lk-WR 3:48.05
- 6 Barnum 3:50.46
- 7 Eveleth-G 3:57.31

4x800 Relay

- 1 Eveleth-G (Seth Salo, Jacob Richards, Mike Richards, Colin Wagner) 8:28.86
- 2 Hermantown 8:36.40
- 3 Deer River 8:46.56
- 4 Moose Lk-WR 8:50.06
- 5 Greenway 9:00.29
- 6 Lkv Christian 9:03.18
- 7 Intl Falls 9:07.57

Shot Put

- 1 Chris Hudspeth, Esko 54-7 ¼
- 2 Jake Davis, Barnum 53-7
- 3 Erik Moe, Intl Falls 53-6 ¾
- 4 Matt Marquis, Esko 45-11 ¾
- 5 Zach Trieschmann, Two Harbors 44-1 ½

- 6 Jason Morrison, Deer River 43-6 ¾
- 7 Zac Preble, Greenway 42-8 ½

Discus Throw

- 1 Erik Moe, Intl Falls 155-7
- 2 Chris Hudspeth, Esko 149-3
- 3 Robert Dahl, Cromwell 143-7
- 4 Zac Preble, Greenway 137-10
- 5 Jason Morrison, Deer River 133-6
- 6 Bill Landmark, Intl Falls 117-5
- 7 Clinton Applebee, Greenway 112-2

Long Jump

- 1 Parker Robinson, Crosby-I 20-0
- 2 Mike Erickson, Esko 19-9
- 3 Josh Luedtke, Hermantown 19-7
- 4 Jason Snoeyenbos, Dul Marshall 19-1 ½
- 5 Jordan Hedlund, Intl Falls 19-1
- 6 Al Sands, Floodwood 18-11 ½
- 7 Nathan Kahlsdorf, AlBrook 18-7 ½

Triple Jump

- 1 Parker Robinson, Crosby-I 41-7
- 2 Ryan Taggart, Crosby-I 41-2
- 3 Kevin Preble, Deer River 40-9 ½
- 4 Al Sands, Floodwood 40-9
- 5 Phil Stepp, Hermantown 40-2
- 6 George Kellerman, Ely 38-11
- 7 Ben Bloomdahl, Lkv Christian 38-8 ½

High Jump

- 1 Parker Robinson, Crosby-I 6-2
- 2 Roy Levitt, Two Harbors 6-0
- 3 Justin Sweeny, Esko 5-10
- 4 David Osse, Intl Falls 5-10
- 5 Evan Anderson, Cromwell 5-10
- 6 Ryan Thibert, Esko 5-10
- 7 Lee Church, Deer River 5-10

Pole Vault

- 1 Jim Stokman, Crosby-I 11-0
- 2 John Perich, Esko 10-6
- 3 Rhegy Gelo, Intl Falls 10-6
- 4 Robert Youso, Intl Falls 10-0
- 4 Nathan Cousins, Crosby-I 10-0
- 6 Dan Tollefson, Esko 9-6
- 7 Jesse Cook, Keewatin 9-6

Notes: (Duluth News-Tribune)